SIZE CHART

How to measure your body for size



FIND THE RIGHT FIT

BUST

Place tape measure up under arms and measure the fullest part of the chest, keeping tape parallel to the floor.

WAIST

Tape measure should be straight around waist where pant waistband normally sits.

HIP

Standing with heels together, with tape parallel to the floor, measure the fullest part.

SLEEVE

With elbow bent, measure from the center of the back at the base of the neck, across the shoulder to the elbow and then down to the wrist.

Ladies' Size

SIZE	NUMERIC SIZE	BUST	WAIST	HIP
X-Small	2	34	26	36.5
Small	4-6	35-36	27-28	37.5-38.5
Medium	8-10	37-38	29-30	39.5-40.5
Large	12-14	39.5-41	31.5-33	42-43.5
XL	16-19	42.5-44.5	34.5-36.5	45-47
2XL	20	46	38	48.5
3XL	22	47.5	39.5	50
4XL	24	49	41	51.5

Women's Plus Size

SIZE	NUMERIC SIZE	BUST	WAIST	HIP
1X	14-16	45-47	39-41	46-48
2X	18-20	48-50	42-44	49-51
3X	22-24	51-53	45-47	52-54
4X	26-28	54-56	48-50	55-57
5X	30-32	57-59	51-53	58-60

These charts represent body measurements, not garment measurements.



REGULAR FIT

- The standard used in most of our shirts
- A perfect combo of style and comfort
- Provides freedom to play and perform



RELAXED FIT

- Slightly bigger cut for comfort
- More room at the tummy
- Slightly longer sleeves

