Tops \& Jackets

| Men's/Unisex | XS | S | M | L | XL | 2XL | 3XL | 4XL | 5XL |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| to fit neck (inches) | 13-13.5 | 14-14.5 | 15-15.5 | 16-16.5 | 17-17.5 | 17.5-18 | 18.5-19 | 19.5-20 | 20.5-21 |
| to fit chest (inches) | 33-35 | 36-38 | 39-41 | 42-44 | 45-48 | 49-52 | 53-56 | 57-60 | 61-64 |
| to fit sleeve length (inches) | 32 | 33-33.5 | 34-34.5 | 35-35.5 | 36-36.5 | 37-37.5 | 38-38.5 | 38.5-39 | 39-39.5 |
| to fit sleeve tall (inches) |  |  |  | 37-37.5 | 38-38.5 | 39-39.5 | 40-40.5 | 40.5-41 | 41-41.5 |
| Women's | XS | S | M | L | XL | 2XL | 3XL |  |  |
| sizing reference | 2-4 | 6-8 | 10-12 | 14-16 | 18 | 20 | $22+$ |  |  |
| to fit chest (inches) | 30-32 | 33-35 | 36-38 | 39-41 | 42-44 | 45-47 | 48-50 |  |  |
| to fit sleeve length (inches) | 29.5-30 | 30-30.5 | 31-31.5 | 32-32.5 | 32.5-33 | 33-33.5 | 33.5-34 |  |  |

## Bottoms

| Men's | XS 28 | $\begin{gathered} \mathrm{S} \\ 30 \end{gathered}$ | $\begin{aligned} & M \\ & 32 \end{aligned}$ | $\begin{gathered} L \\ 34 \end{gathered}$ | $\begin{aligned} & \text { XL } \\ & 36 \end{aligned}$ | $\begin{gathered} 2 X L \\ 38 \end{gathered}$ | $\begin{gathered} 3 X L \\ 40 \end{gathered}$ | $\begin{gathered} 4 X L \\ 42 \end{gathered}$ | $\begin{gathered} 5 X L \\ 44 \end{gathered}$ | 46 | 48 | 50 | 52 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| to fit waist (inches) | 28-29 | 30-31 | 32-33 | 34-35 | 36-37 | 38-39 | 40-41 | 42-43 | 44-45 | 46-47 | 48-49 | 50-51 | 52-53 |
| to fit hip (inches) | 34-36 | 36-38 | 38-40 | 40-42 | 42-44 | 44-46 | 46-48 | 48-50 | 50-52 | 52-54 | 54-56 | 56-58 | 58-60 |
| inseam (inches) hemmed (track pants) | 30.75 | 31 | 31.25 | 31.5 | 31.45 |  | 32.25 | 32.5 |  |  |  |  |  |
| inseam (inches) unhemmed | * | * | * | * | * | * | * | * | * | * | * | * | * |

*inseam unhemmed length 36 " - see product pages for details

| Women's | XS | S | M | L | XL | 2XL | 3XL |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 24 | 26 | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 |
| sizing reference | 2 | 4-6 | 8-10 | 12 | 14 | 16 | 18 | 20 | 22+ | 24+ |
| to fit waist (inches) | 25-26 | 27-28 | 29-30 | 31-32 | 33-34 | 35-36 | 37-38 | 39-40 | 41-42 | 43-44 |
| to fit hip (inches) | 34-35 | 36-37 | 38-39 | 40-41 | 42-43 | 44-45 | 46-47 | 48-49 | 50-51 | 52-53 |
| inseam (inches) hemmed (track pants) | 30 | 30 | 31 | 31 | 32 | 32 |  |  |  |  |
| inseam (inches) unhemmed | * | * | * | * | * | * | * | * | * | * |

*inseam unhemmed length $34^{\prime \prime}$ - see product pages for details

## Chest

Under the arms and across the shoulder blades with a firm and level tape.

## Hip

When standing, measure around the widest part of the hip.

## Sleeve length

Relax arm, and measure from the centre of the back of the neck, over the shoulder and down to the outer wrist.

## Waist

Measure around your natural waistline, while in your underwear. Keep one finger between the tape and your body for an accurate fit.

## Inseam

Select a pair of your best-fitting pants of a similar material. Measure from the crotch to the bottom. The number of inches, to the nearest half-inch, is the inseam length.


